



**There is a brand new junior parkrun starting at  
Bowling Park, BD4 7TL**

Bowling Park junior parkrun takes place every Sunday  
at 9.00.

- **For children aged 4 to 14.**
- **2km—you can run, walk or jog**
- **Free, fun and for everyone**

Register to take part at [parkrun.org.uk/register/](https://parkrun.org.uk/register/)

Or scan the QR code below:



We also need volunteers—you are welcome as little or  
as often as you like. See the website for volunteering  
opportunities:

[www.parkrun.org.uk/bowlingpark-juniors/](https://www.parkrun.org.uk/bowlingpark-juniors/)

