



Parent/Carer Support Group

About Us:

The Parent Support Group is an online support group, facilitated by NHS mental health practitioners. The group is a safe space for parents to get together, share their experiences and build positive relationships. A different subject is discussed each month and parents will receive useful information and strategies around the chosen monthly topic. For an invite, please email: mhstparentsupport@bdct.onmicrosoft.com

Next Parents Support Group details: Tuesday 16th May 2023 Topic: "Supporting your child: Bullying".



Parent/Carer Support Group

Supporting Emotional and Mental Health



Tuesday 16th May



10:30am or 7:30pm



Zoom Email the address below for the link

THIS MONTHS TOPIC: SUPPORTING YOUR CHILD: BULLYING



In this month's Parent Support Group we will covering bullying. We will have Educational Psychologist, Vicky, joining us. We will be looking at supporting the emotional impact of bullying



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