

Are you the parent or carer of a child or young person aged 5-19 years who needs some basic health advice and support?

We can support around the following:

- Diet and nutrition
- Healthy lifestyle
- Healthy relationships
- Night-time bedwetting
- Emotional wellbeing
- Growth and development
- Sleep issues

and much more...

The School Nurse Team Drop-in service will be available at **Barkerend Children's Centre** on the following dates:

Thurs 4th May, 9.30-11am

Thurs 1st June, 9.30-11am

Thurs 6th July, 9.30-11am

Thurs 3rd August, 10-1pm

Thurs 7th September, 9.30-11am

Thurs 5th October, 9.30-11am




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